



Marvellous Mashing

#328

AGE GROUP



Baby & Toddler



3-5 years



Multiage

HOW DO I SET UP & PLAY?

- Put a spoon of potato or pumpkin onto a tray for each child.
- Give them a masher and show how to use their hands to push down and mash the soft vegetables.
- It can get a bit messy so you might want to do this one up at a table or on a plastic sheet on the floor.
- Give the children a spoon each and encourage them to feed themselves from their mash.

EXTENDING LEARNING SPARKS

- Use the potato mashers as a paint stamping activity. Press mashers into a paint sponge then onto paper.

WHAT MATERIALS DO I NEED?

- Cooked and cooled sweet potato, potato or pumpkin chunks
- Potato mashers
- Shallow trays



Challenging My
Gross Motor
Muscles



Exploring &
using
my senses