



# **Spinners**

#304

### **AGE GROUP**



3-5 years





### HOW DO I SET UP & PLAY?

Curiosity Spark - Does moving/motion makes it a lot harder to hit a target?

- Place the bucket of balls in front of the children and ask who can throw them into the basket while standing still.
- Now find a way to introduce some motion or continuous movement. This might be spinning around, running, jumping etc.
- Decide on a start and finish line ensuring the course goes past the basket that the balls are being thrown into.
- Encourage children to begin running as they throw the balls into the basket as they are moving.
- Was it harder to hit the basket/target while moving?
- Write down findings and hypothesis in a notebook.

#### **EXTENDING LEARNING SPARKS**

- Encourage the children to work in groups and experiment with different movements and targets.
- Use a video recorder or phone camera to record the trials then watch it back together.

# WHAT MATERIALS DO I NEED?

- A bucket of small balls.
   They could be tennis
   balls, softballs, sensory
   balls or bean bags.
- Large empty basket or box
- Pen and paper to record testing results



Challenging My Gross Motor Muscles



Exploring & using my senses